

The role of perivascular inflammation and COVID-19 and aortic inflammation

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Disclosures



Speaker name: Kak Khee Yeung

I have the following potential conflicts of interest to report:

- Dekkerbeurs Senior Clinical Scientist, Dutch Heart Foundation
Grant nr. 2019T065

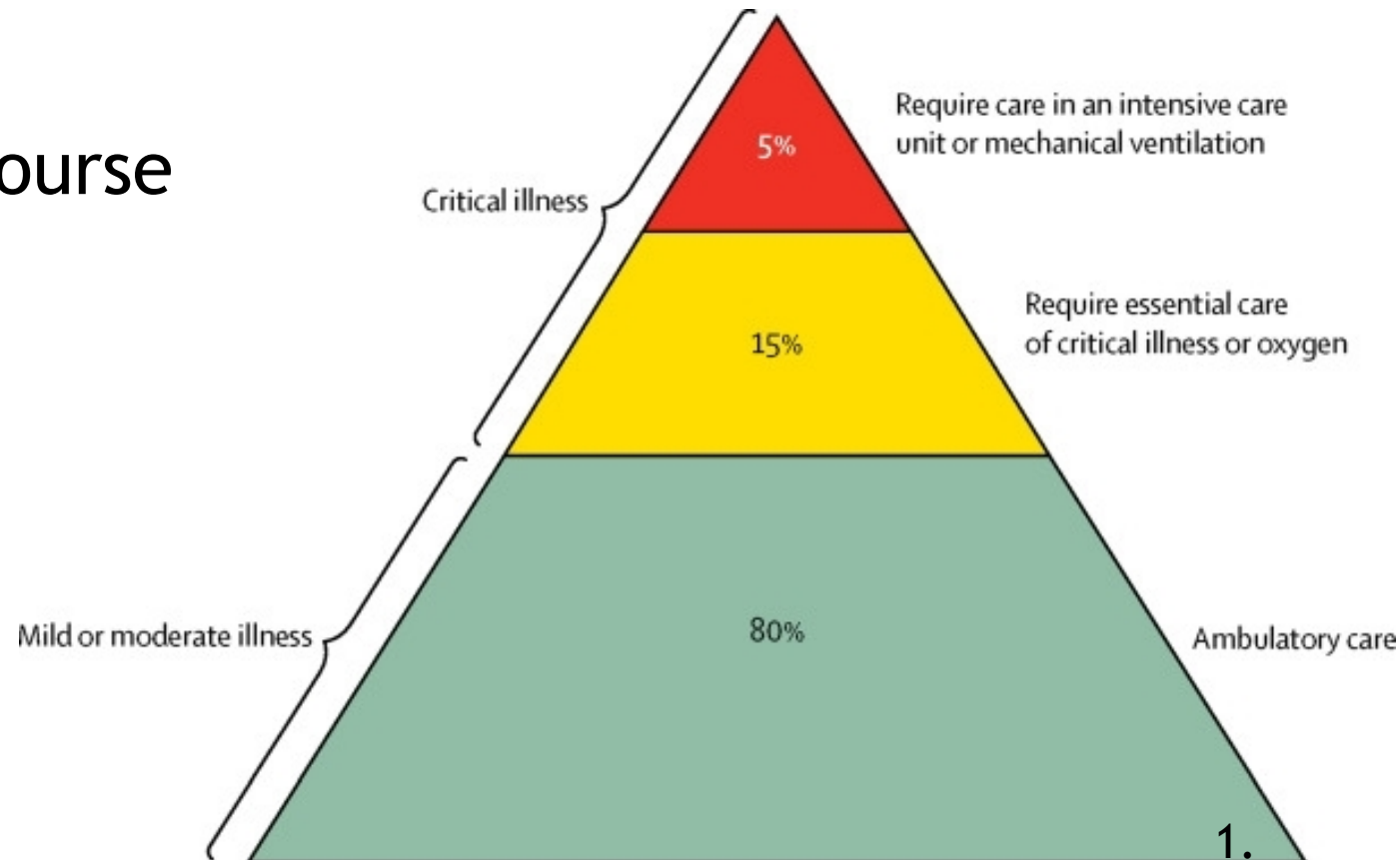


- Unrestricted research grants: W. L Gore & Associates

COVID-19



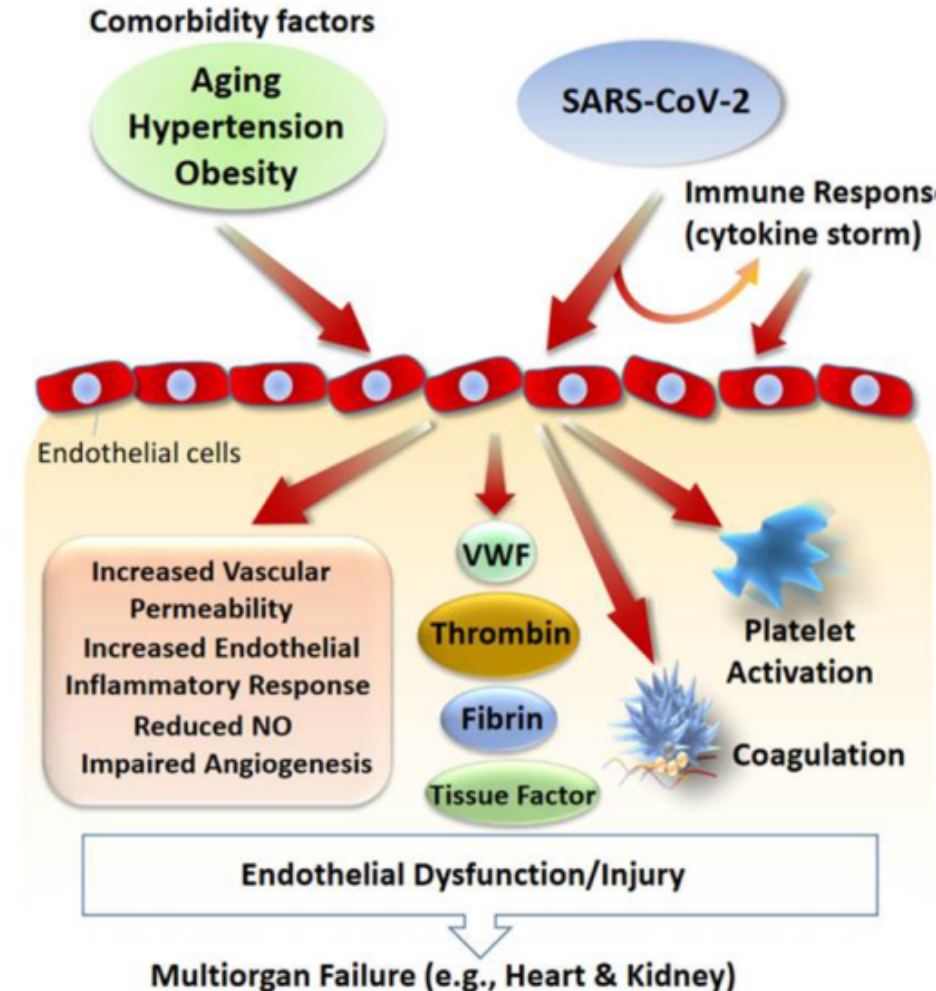
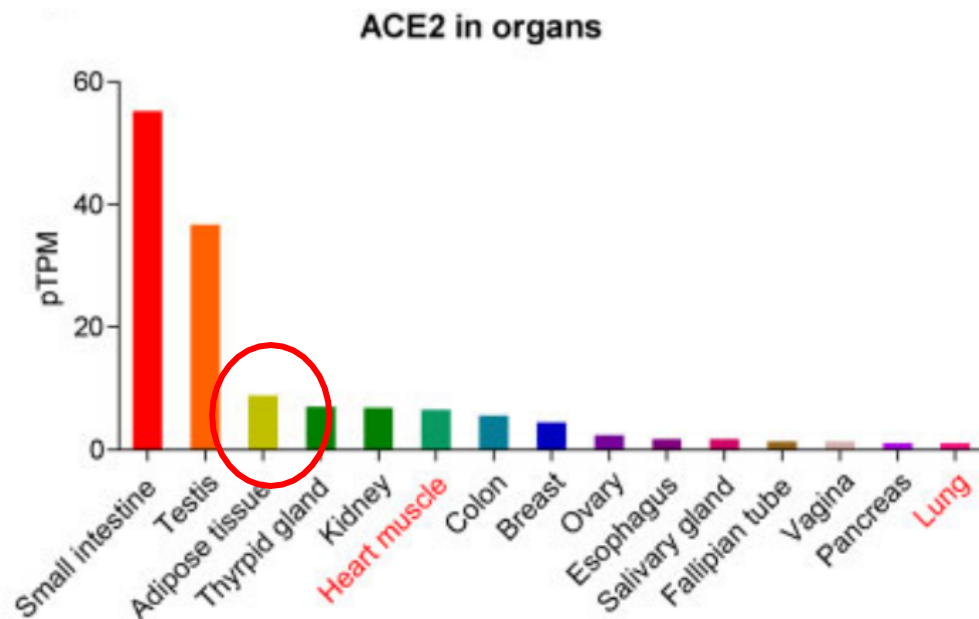
- Risk factors (obesity, CVD, age, diabetes)
- Difficult to predict the clinical course





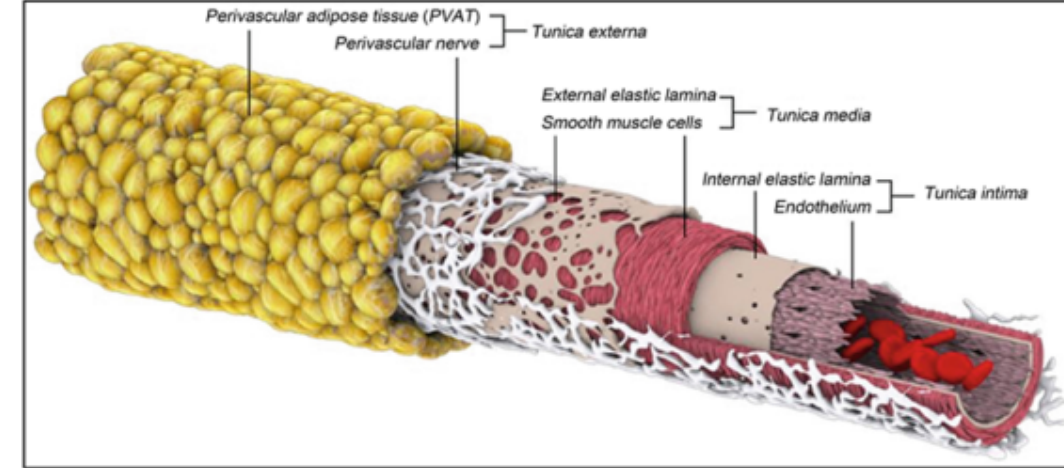
Endothelial dysfunction & COVID-19

- ACE-2 is primarily located in endothelial cells
- Patients with CVD / Diabetes / Obesity have upregulated levels of ACE-2 receptors





Perivascular fat tissue (PVAT)

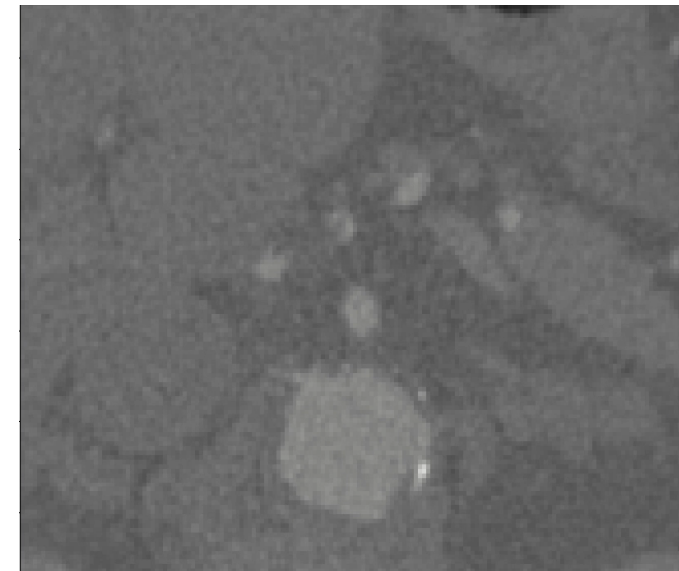


- Perivascular adipose tissue (PVAT) deposits correlate positively with cardiovascular diseases
- Supportive tissue → paracrine & autocrine organ
- Effects on the cardiovascular system mediated by adipokines
- In homeostasis → anti-inflammatory function
- PVAT-inflammation results in a pro-inflammatory switch in secretome
 - Virus infections are a known cause of PVAT inflammation

PVAT & COVID-19



- Severe COVID-19 is characterized by vascular dysfunction and systemic vascular inflammation
- PVAT deposits correlate positively with cardiovascular diseases^{1,2}
- PVAT inflammation can be detected using CTA (previously in AAA)



High Density of Periaortic Adipose Tissue in Abdominal Aortic Aneurysm

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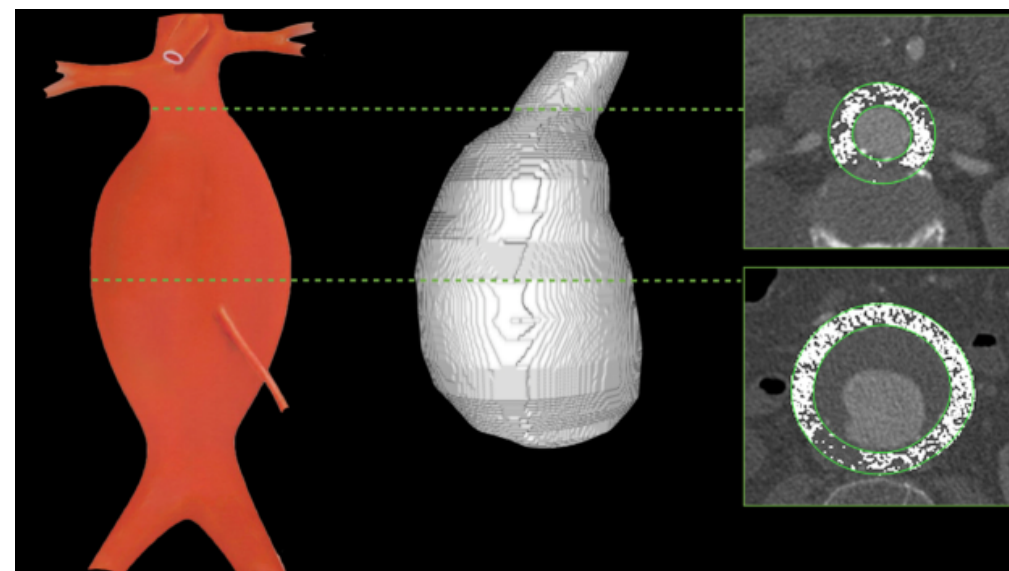
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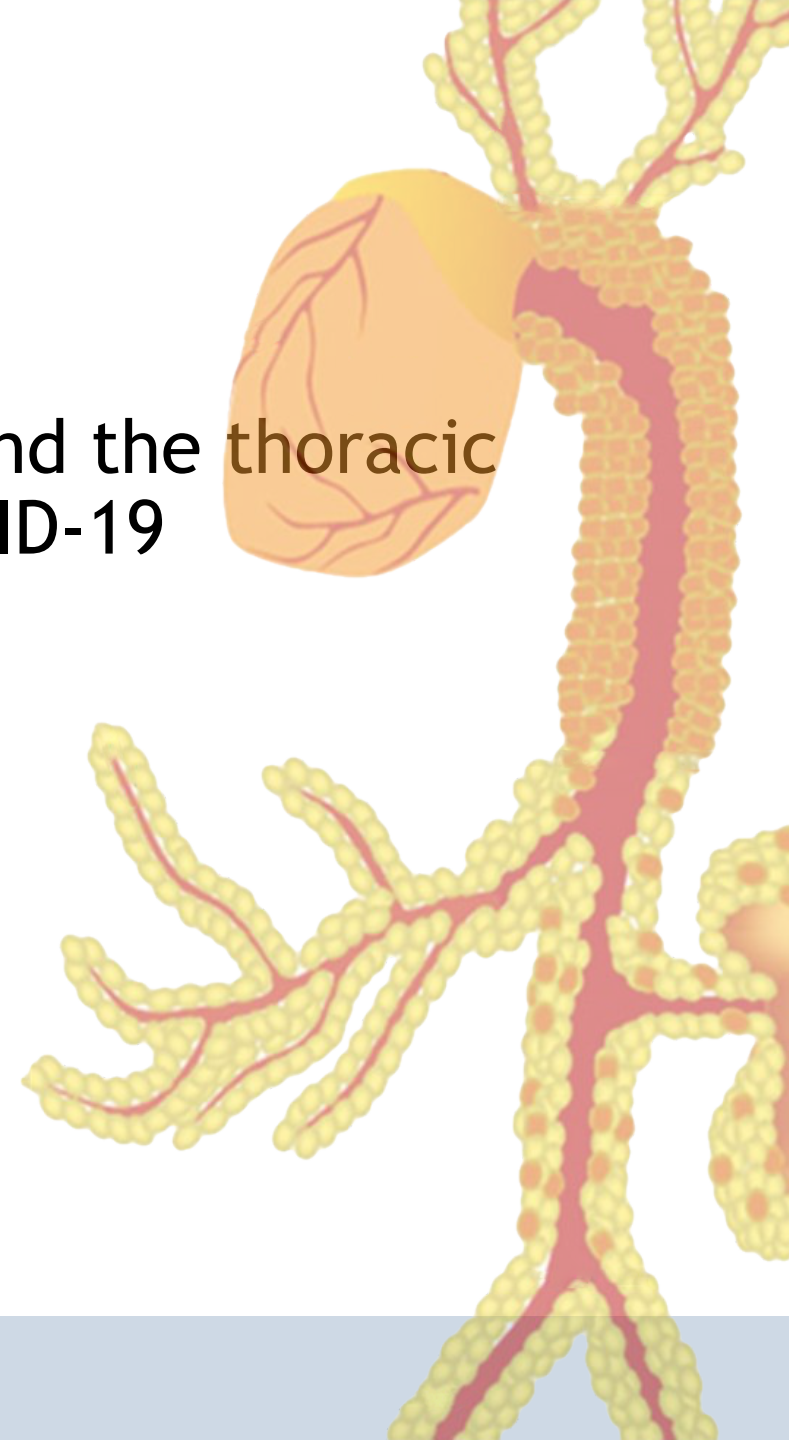
¹ Brinkley TE et al. Periaortic fat and cardiovascular risk: a comparison of high-risk older adults and age-matched healthy controls. *Int J Obes (Lond)*, 2014.

² Talman AH et al. Epicardial adipose tissue: far more than a fat depot. *Cardiovasc Diagn Ther*, 2014.



Aim

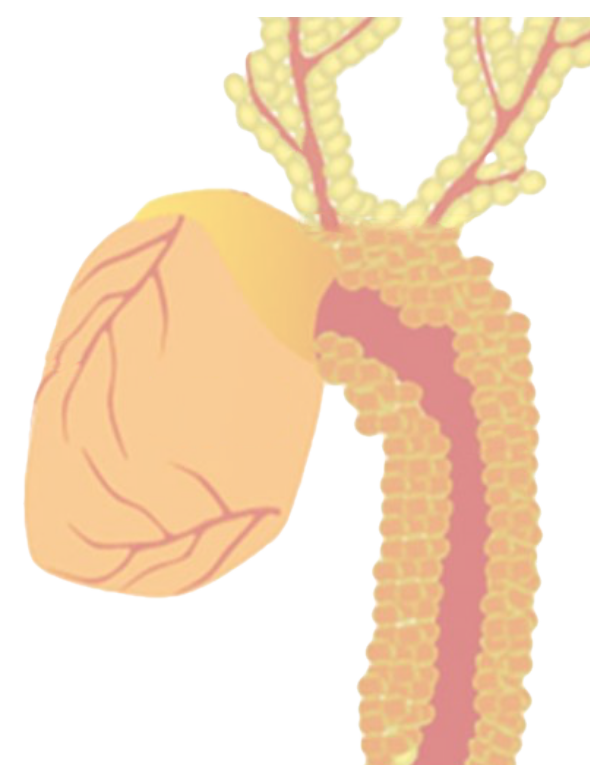
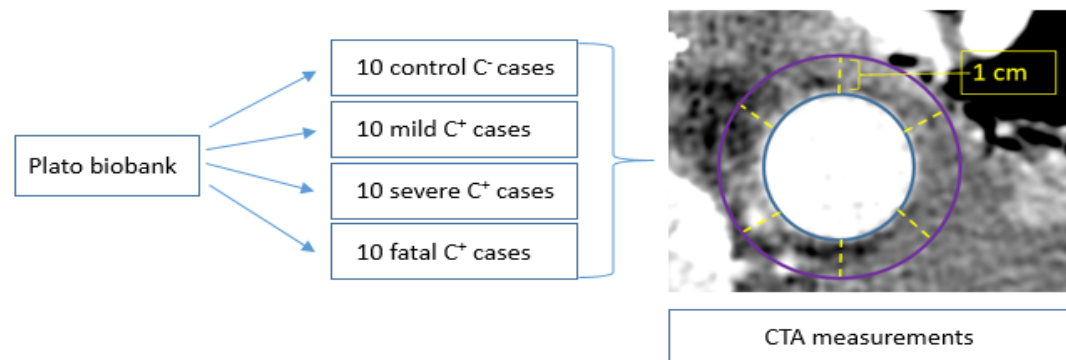
- To determine whether PVAT inflammation around the thoracic aorta is related to the clinical outcome of COVID-19



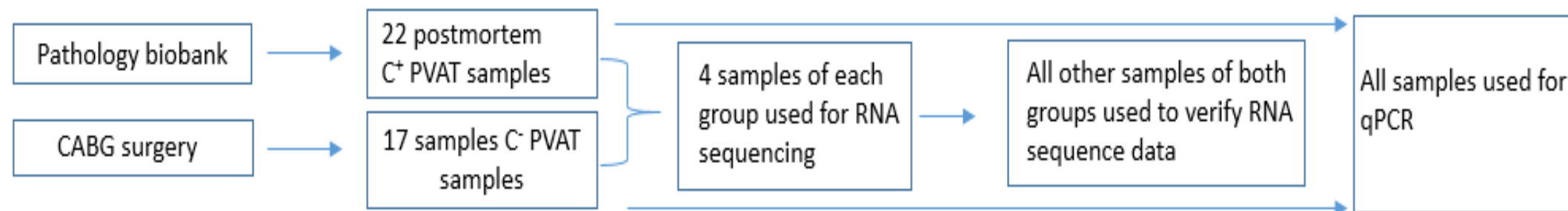
Method



- Retrospective translational study (n=10 per group)

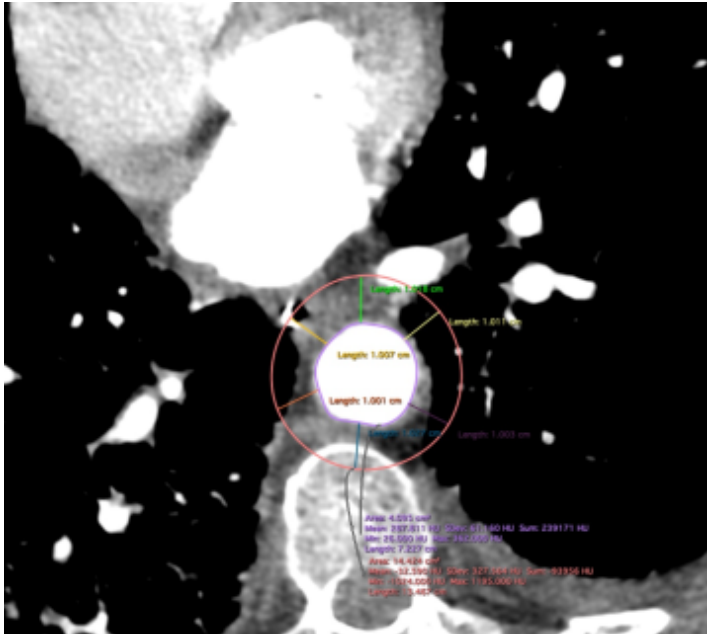


- PVAT tissue analysis (n=22 post-mortem COVID-19 vs controls):

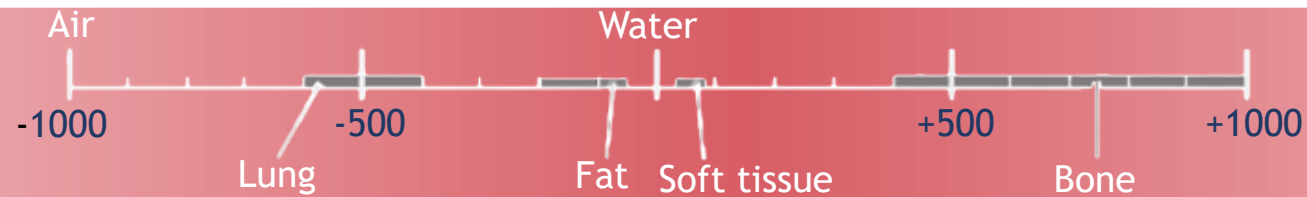
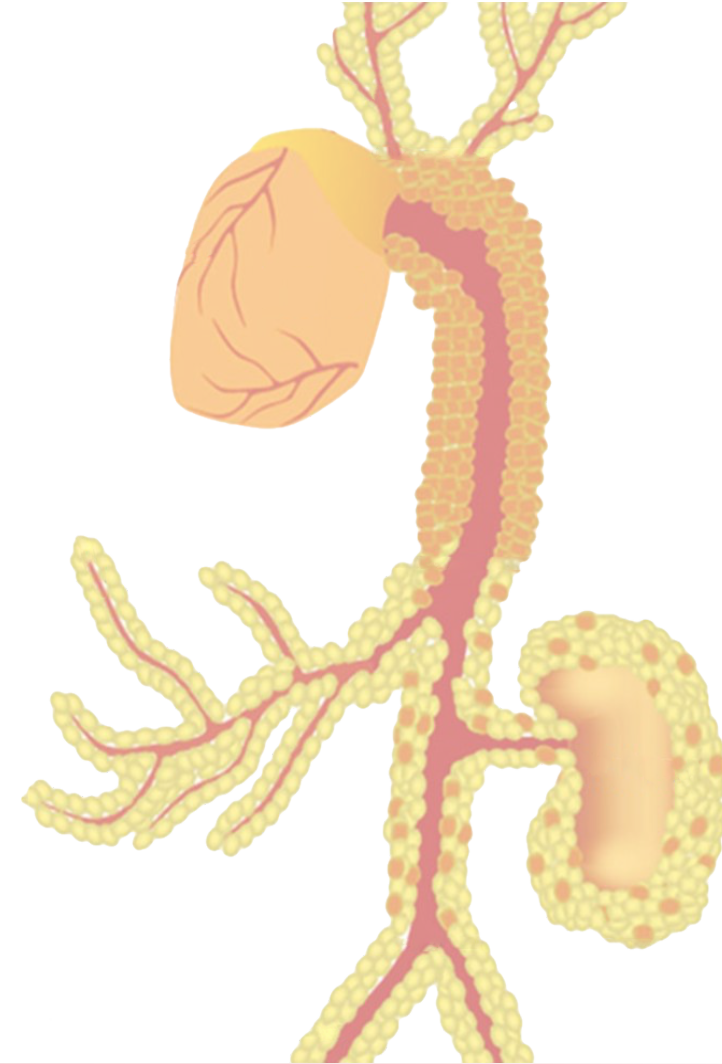


Method

- PVAT: HU-value between -45 & -195



Descending aorta



Demographics

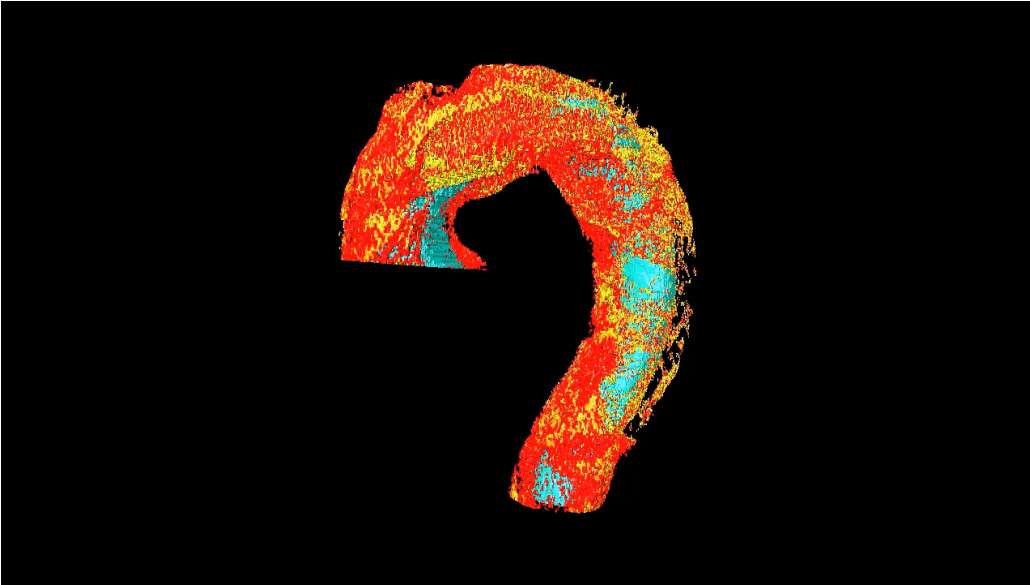


Table 1. Demographics						
		Control	Mild	Severe	Fatal	P-value
Sex	Female / Male	8/2	3/7	0/10	2/8	0,001
Age, years	Mean \pm sd	50 \pm 18	63 \pm 10	61 \pm 10	61 \pm 12	0,13
BMI, kg/m²	Mean \pm sd	29,7 \pm 1	28,8 \pm 5	30,5 \pm 5	27,7 \pm 4	0,59
Smoking	Yes	2/10	3/10	4/10	5/10	0,07
	Missing	0/10	1/10	3/10	4/10	
Comorbidities	Diabetes mellitus	0/10	2/10	2/10	3/10	0,35
	Hypertension	3/10	4/10	1/10	3/10	0,50
	CAD / M.I.	1/10	2/10	1/10	2/10	0,85
	Asthma	0/10	3/10	0/10	0/10	0,02
	COPD	0/10	2/10	0/10	2/10	0,31
At the Emergency Department						
Complaints prior to admission (days)	Mean \pm sd	4,1 \pm 5	9,8 \pm 4	8,5 \pm 5	8,4 \pm 6	0,15
Heart rate (beats per minute)	Mean \pm sd	98 \pm 15	96 \pm 16	112 \pm 35	94 \pm 20	0,46
Saturation (%)	Mean \pm sd	95 \pm 4	96 \pm 2	72 \pm 13	92 \pm 9	0,26
Systolic bloodpressure (mm Hg)	Mean \pm sd	143 \pm 14	136 \pm 19	135 \pm 10	131 \pm 31	0,77
Diastolic bloodpressure (mm Hg)	Mean \pm sd	86 \pm 10	80 \pm 11	90 \pm 11	74 \pm 15	0,15
Temperature (°C)	Mean \pm sd	37 \pm 0,7	37,7 \pm 0,9	38,3 \pm 1,0	37,4 \pm 0,8	0,09

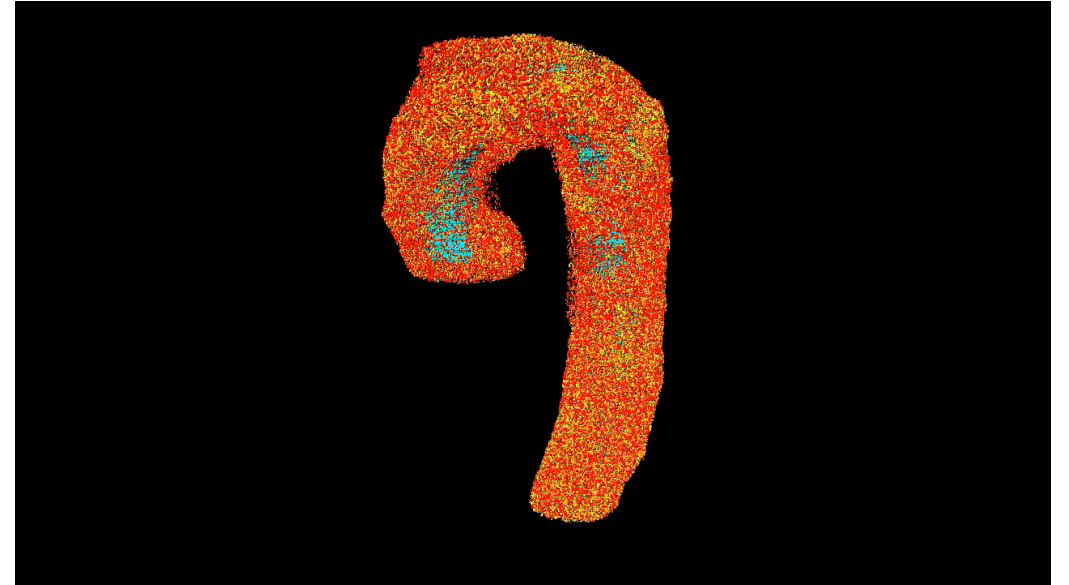


Results in 3D PVAT models: initial CT-scan

Mild COVID-19 case



Fatal COVID-19 case



Lumen

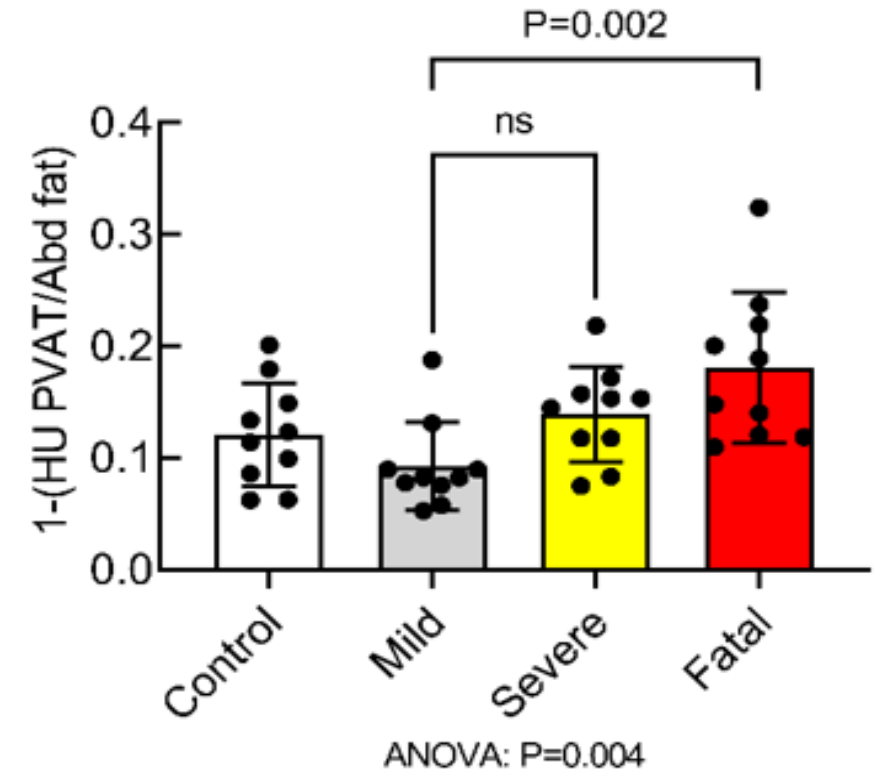
Inflammation





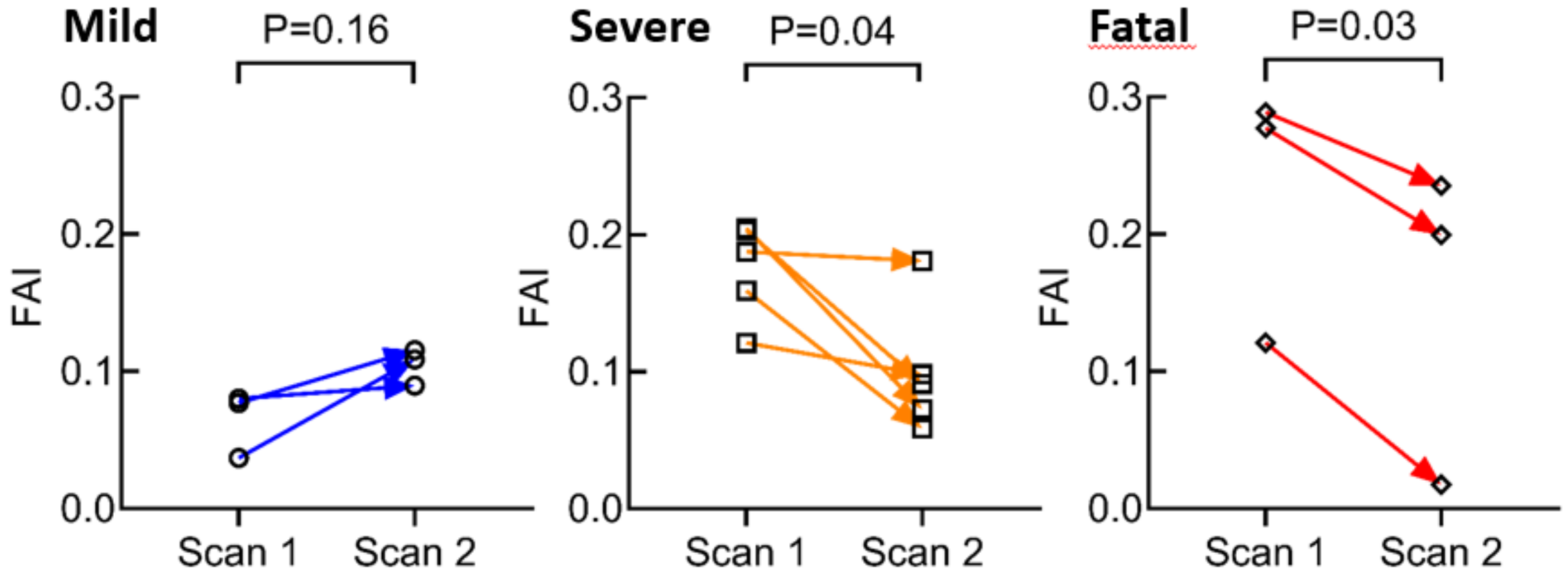
Results

- Significant difference mild and fatal group
- CRP levels similar between COVID-19 groups ($P=0.45$ & $P=1.0$)
- No relation between mean inflammation and thromboembolic events ($P=0.31$)
- Association inflammation and superinfections ($P=0.03$)





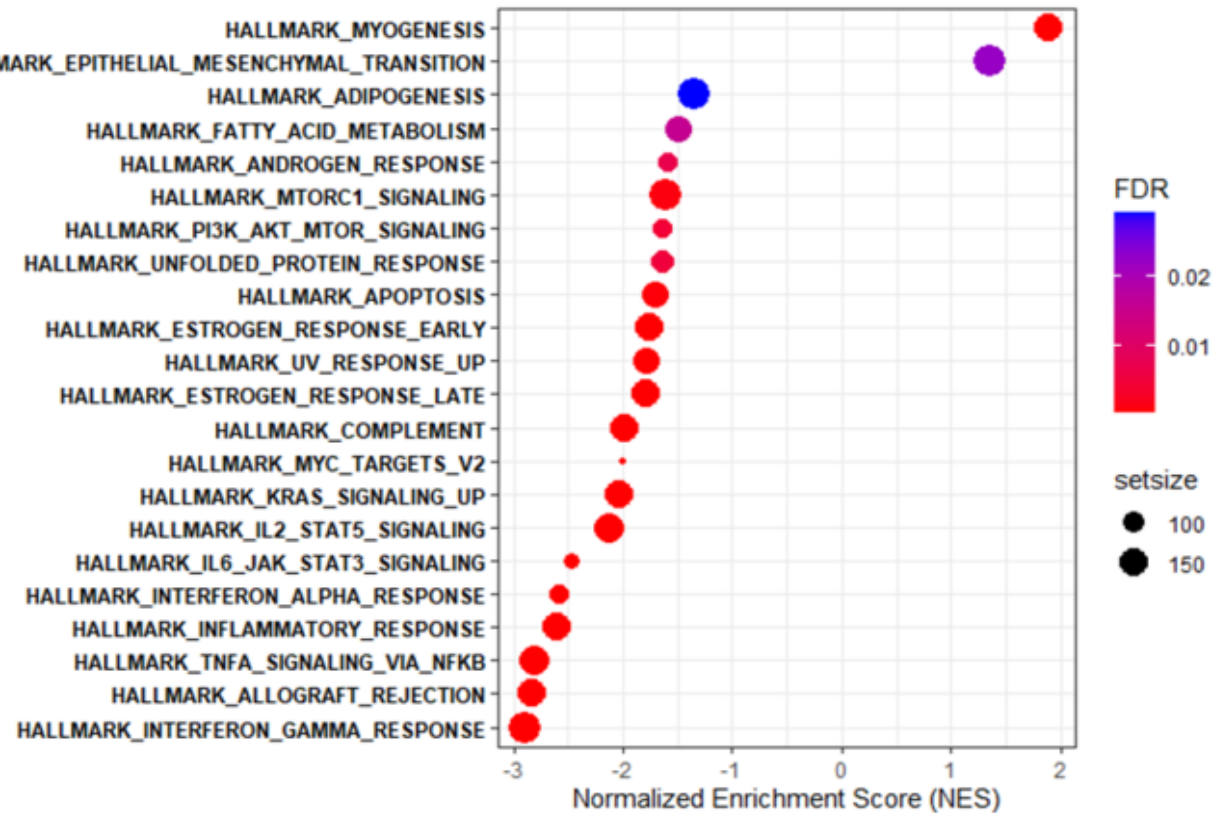
PVAT inflammation in sequential CT-scans





Hypoinflammation of postmortem C⁺ samples

- Hypoinflammation: CCL2, CCL8
- Myogenesis: fibrosis

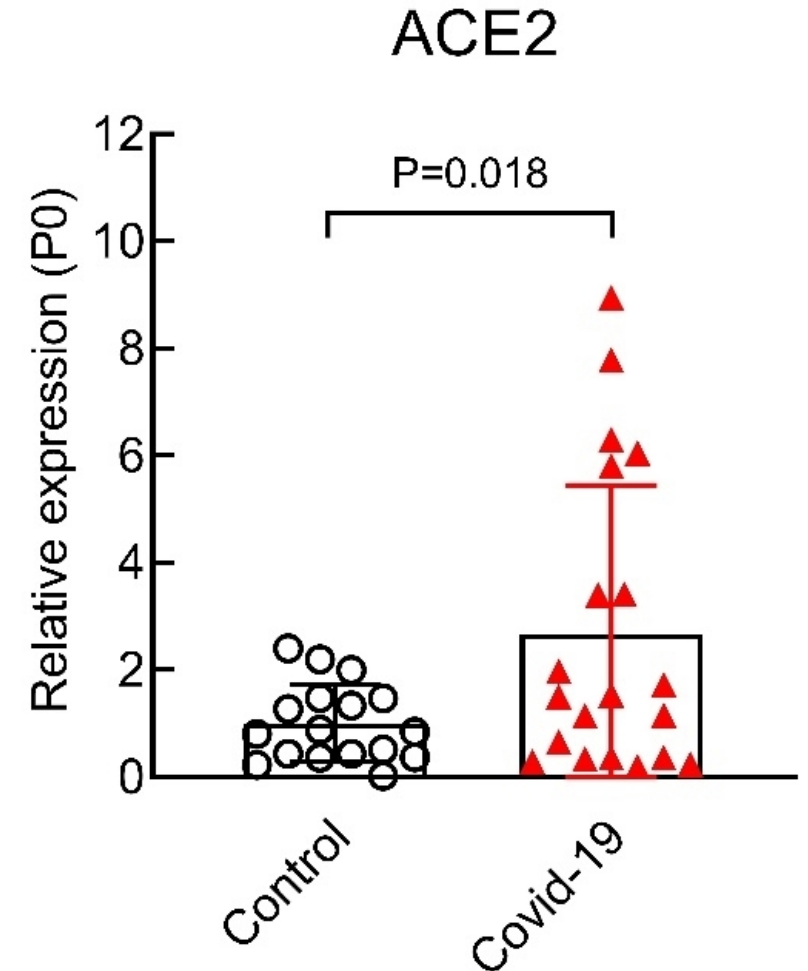


Gene Set Enrichment analysis (GSEA)



SARS-COV-2 capable of infecting PVAT

- 349% more ACE2 expression in the COVID-19 samples compared to CABG controls
- SARS-CoV-2 detected in 2/22 postmortem samples





Limitations

- Retrospective study
 - Different CT-settings
 - Postmortem samples \neq fatal COVID-19 group
- Postmortem vs peroperative CABG samples
 - No difference in hypoxic transcriptomes in RNA sequencing

Conclusion



- Early vascular hyperinflammation is related to fatal COVID-19 (could be a biomarker)
- SARS-CoV-2 is capable of infecting PVAT
- Fatal COVID-19 compensatory anti-inflammatory response state
- Non-invasive diagnostic tool for vascular inflammation
- Ongoing:
 - prospective study
 - vascular complications study group



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